

Kinetic Athletics & Nutrition Policies

In order to serve all of our valued clients we respectfully request that each person read and understand our Class & Studio policies below. We do reserve the right to create or change policies without written notice if a situation warrants it.

Cancellation Policy

To support all of our clients, we require 24 hours notice for cancellations of any private or group class. If we do not receive at least 24 hour cancellation notice, the class will be charged as if attended. For your convenience, cancellations can be done online.

PLEASE NOTE: Classes cancelled within 24 hour notice can be Rescheduled ONLY. There are no refunds.

Rescheduling Policies

- Classes that have already been 'Rescheduled' once cannot be rescheduled a 2nd time.
- Classes must be made up within the same week. If space does not permit, the class may be carried over to the following week.
- Clients may reschedule into a class of equal or lesser value.
- Rescheduling can be done online.

Studio Etiquette

In order to maintain a smooth and enjoyable experience for all of our clients, we ask the following:

- Please arrive 5 minutes prior to your scheduled class start time.
- If you are running late or know you cannot attend, please contact the studio.
- For private classes, session times will not be adjusted to accommodate latecomers and will end at their regularly scheduled time.
- Please bring a pair of 'indoor' shoes to change into upon arrival. Street shoes will not be permitted in the studio.
- We are a fragrance-free facility, so please refrain from wearing perfume or heavily scented body products to your class - as some clients may be allergic.

We thank you for your partnership in helping to make our Classes & Studio a wonderful experience for all. We look forward to seeing you soon!

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Kinetic Athletics & Nutrition – Davis Bay, Sechelt BC